

Cold
DELI.

World KITCHEN.

Hot
DELI.

THIS WEEK'S MENU

MONDAY

VEGETARIAN BRUNCH

HANDMADE
VEGETABLE PATTIE,
FRITTATA, BEANS &
TOMATO

BRUNCH (MEAT)

HANDMADE
PORK PATTIE,
FRITTATA, BEANS
& TOMATO

PINEAPPLE UPSIDE DOWN CAKE

TUESDAY

CAULIFLOWER & BROCCOLI CHEESE

WITH HERBY
BREAD

BEEF LASAGNE

TUTTI FRUTTI TUESDAY

STRAWBERRY
MOUSSE & FRUIT

WEDNESDAY

QUORN ROAST

WITH GRAVY
& POTATOES

ROAST CHICKEN

WITH
STUFFING,
GRAVY &
POTATOES

CHEESE & CRACKERS

WITH FRUIT

THURSDAY

PASTA BAR WITH SELECTION OF HOMEMADE SAUCES

TOMATO & BASIL
BEEF BOLOGNESE
CARBONARA WITH
HAM

WINTER SPONGE

FRIDAY

MINI CHEESE PINWHEEL WITH CHIPS & TOMATO SAUCE

GOLDEN FISH FINGERS (COD & SALMON)

WITH CHIPS

APPLE FLAPJACK

Option 5

SERVED WITH SEASONAL
VEGETABLES OR SALAD

WEEK ONE
w/c 7th Jan, 28th Jan, 18th Feb

Aspens




GRAB YOURSELF A

**COLD
DRINK**

HEALTHY

**SANDWICHES
& WRAPS**

ENJOY

**FRESH
FRUIT**

TUCK INTO A

**DESSERT
POT**



GET STUCK INTO

**HOT
PANINIS**

STREET FOOD
MARKET
AT ASPENS



FILLED

**JACKET
POTATOES**

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THIS WEEK'S MENU

MONDAY

**SWEET POTATO
& CHICKPEA
CURRY**
WITH WHOLEMEAL
RICE

**PORK
SAUSAGE**
WITH MASH
& GRAVY

**CARROT
MUFFIN**

TUESDAY

**CHEESE,
POTATO &
LEEK BAKE**
WITH BAKED
BEANS

**BBQ
CHICKEN
BURRITO**

**TUTTI FRUTTI
TUESDAY**
YOGHURT, FRUIT &
CRUNCHY TOPPINGS

WEDNESDAY

**SHEPHERDESS
HOTPOT**
WITH GRAVY

**ROAST
TURKEY**
WITH GRAVY
& POTATOES

FRUIT CRUMBLE
WITH CUSTARD

THURSDAY

**MACARONI
CHEESE**
WITH HERBY
BREAD

**CHICKEN
CURRY**
WITH
WHOLEMEAL
RICE

**CHOCOLATE
CRUNCH**

FRIDAY

**QUORN
MEATBALL SUB**
WITH HOMEMADE
TOMATO SAUCE

**BATTERED
FISH**
WITH CHIPS

**SULTANA AND
OAT COOKIE**
WITH FRUIT SLICES

Option 5

SERVED WITH SEASONAL
VEGETABLES OR SALAD

WEEK TWO
w/c 14th Jan, 4th February, 25th Feb

Aspens




GRAB YOURSELF A

**COLD
DRINK**

HEALTHY

**SANDWICHES
& WRAPS**

ENJOY

**FRESH
FRUIT**

TUCK INTO A

**DESSERT
POT**



GET STUCK INTO

**HOT
PANINIS**

**STREET FOOD
MARKET**
AT ASPENS



FILLED

**JACKET
POTATOES**

Cold
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THIS WEEK'S MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOMEMADE PIZZA
VEGETARIAN
TOPPINGS

**VEGETABLE
LASAGNE**

**QUORN TOAD
IN THE HOLE**
WITH GRAVY &
POTATOES

**CRISPY TOPPED
VEGETARIAN
PIE**

**CHEESE & BEAN
WRAP**
WITH CHIPS

**HOMEMADE
PIZZA**
MEAT TOPPINGS

**CHICKEN &
VEGETABLE
PIE**
WITH MASH

**ROAST
PORK**
WITH
STUFFING,
GRAVY AND
POTATOES

**HOMEMADE
BEEFBURGER**
WITH OVEN
BAKED
WEDGES

**GOLDEN
FISH
FINGERS
(COD &
SALMON)**
WITH CHIPS

**SHORTBREAD
BISCUIT**
WITH FRUIT SLICES

**TUTTI FRUTTI
TUESDAY**
YOGHURT, FRUIT &
CRUNCHY
TOPPINGS

**APPLE &
BANANA CAKE**
WITH CUSTARD

**WINTERBERRY
CHEESECAKE**

**JAMAICAN
GINGER CAKE**

Option 5

SERVED WITH SEASONAL
VEGETABLES OR SALAD

WEEK THREE
w/c 21st Jan, 11th Feb

Aspens




GRAB YOURSELF A

**COLD
DRINK**

HEALTHY

**SANDWICHES
& WRAPS**

ENJOY

**FRESH
FRUIT**

TUCK INTO A

**DESSERT
POT**



GET STUCK INTO

**HOT
PANINIS**

STREET FOOD
MARKET
AT ASPENS



FILLED

**JACKET
POTATOES**